

LiveWave Patch Guide

■ Glutathione Patch

Purpose: Increases glutathione levels, a powerful antioxidant that supports detoxification in the liver, kidneys, and other organs.

Why it might help: Supporting your body's natural detox pathways may benefit the kidneys and gallbladder indirectly by reducing toxic load.

Where to Wear: Apply below the navel or on the upper chest.

■ X39 Patch

Purpose: Promotes stem cell activation and general regeneration.

Why it might help: Many users report improvements in overall organ function, faster healing, and reduced inflammation when using X39 consistently.

Where to Wear: Apply to the back of the neck or just below the navel.

■ X49 Patch

Purpose: Supports cardiovascular health, muscle strength, and endurance.

Why it might help: May help improve circulation and stamina while supporting organ function and recovery through enhanced blood flow and energy.

Where to Wear: Apply to the back of the neck or just below the navel. Often used with X39.

■ Carnosine Patch

Purpose: Supports tissue repair, cellular health, and organ function.

Why it might help: May reduce oxidative stress, improve cellular function, and support the kidneys and gallbladder in maintaining balance and resilience.

Where to Wear: Apply to the center of the forehead, below the navel, or at the base of the throat.

■ SP6 Complete Patch

Purpose: Helps regulate appetite, balance metabolism, and support weight management.

Why it might help: While not directly tied to kidney or gallbladder function, a healthy metabolism eases the burden on these organs, particularly in fat processing.

Where to Wear: Apply on the left side of the body, about 3 finger widths above the ankle bone.

■ Aeon Patch

Purpose: Helps balance stress response and reduce inflammation.

Why it might help: Chronic stress and inflammation can impact organ function. Aeon may promote relaxation and better organ health by lowering systemic inflammation.

Where to Wear: Apply to the back of the neck or just below the navel.

■ IceWave Patch

Purpose: Provides drug-free pain relief.

Why it might help: Pain can interfere with healthy organ function and overall well-being. By easing discomfort, IceWave may indirectly support better rest and healing.

Where to Wear: Apply white patch on the right side of pain, tan patch on the left side.

■ Energy Enhancer Patch

Purpose: Supports natural energy production and stamina.

Why it might help: Increasing energy at the cellular level may help organs function more efficiently and reduce fatigue associated with detoxification and digestion.

Where to Wear: Apply one patch on the right side of the body and one on the left, typically on the upper chest or below the waist.

■ Silent Nights Patch

Purpose: Improves sleep quality and restfulness.

Why it might help: Quality sleep is essential for organ recovery and repair. Supporting deeper sleep may allow the kidneys, liver, and gallbladder to function optimally overnight.

Where to Wear: Apply behind the right ear or on the temple before bedtime.